

# CREOLE DIP



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**Preparation :** 10 min - **Resting :** -- **Cooking :** 5 min - **Equipment :** Mill attachment

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## **Ingredients :** 4

- 1 red pepper - 100 g fromage frais - salt and ground chilli pepper - 50 ml coconut milk - 1 tbsp lime juice

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1. Wash, deseed and slice the pepper. Steam for about 10 minutes. Allow to cool and transfer to mill bowl. Add the coconut milk, a pinch of salt and a pinch of chilli pepper, plus the fromage frais and the lime juice.

2. Turn the selector to 1 or 2 and blend for 30 seconds.

## **Chef's tip :**

An original way of accompanying raw vegetables.