

# HOMEMADE KETCHUP



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**Preparation :** 10 min - **Resting :** 1 hrr - **Cooking :** 1 hrr - **Equipment :** SmoothieMix

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**Ingredients :** 1 litre

- 3 large tomatoes - 2 large red apples - 1 large onion - 250 g sugar - 1 stick celery - 1 small mango - 150 ml red wine vinegar - 1 tsp salt

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1. Wash the tomatoes, apples and celery, then cut them into pieces. Peel the mango, remove the stone and cut the flesh into pieces.
2. Process the tomatoes, apples, celery and mango in the Smoothiemix to make a coulis.
3. Peel and chop the onion. Transfer the coulis to a pan, add the chopped onion and the remaining ingredients. Combine and simmer for an hour, stirring regularly. Allow to cool, then pour into sterilised jars.