

TROPICAL SMOOTHIE



Preparation : 5 min - **Resting :** - - **Cooking :** - - **Equipment :** -

Ingredients : 4

- 1 kiwi fruit - 1/4 pineapple - 1 ripe mango - 120 ml orange juice - 10 ice cubes

1. Peel the fruit and cut into large pieces. Place the orange juice, ice cubes and fruit in the blender jug.
2. Turn the selector to the "smoothie" setting and liquidise for 30 seconds.

Power Blender ■